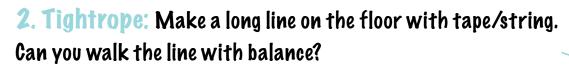


1. Upstairs, Downstairs: How many times can you walk up/down the stairs?







3. Waddle Walk: Try walking like penguins and ducks.

4. Cleanup Caper: See how fast you can put away your toys, the dishes, or schoolwork.





5. Dance Party: Play your favorite song and dance!

INPOOR

WALK TO WHEREVER CHALLENGE ACTIVITY SHEET

Do 3 activities and tell your teacher which ones you did.

You might win a prize!

OUTPOOR

Share a pic from your activity, and tag
#IWalkSanJose

1. Alphabet Scavenger Hunt: Find objects starting with each letter of the alphabet.





- 2. What's That Sound? How many sounds can you identify?
- 3. Walkabout! Walk around your neighborhood.



- 4. Natural impressions: Trace leaves, rocks and flowers onto paper.
- 5. That's My Sign! How many street signs can you find, and what do they mean?





