

Family Hybrid Tip Sheet

We recognize that when students return to the school building for classes, this will be a big change for our students and their families. With that in mind we wanted to share some ideas to ease the transition. Also, we want to praise our students and families for their incredible flexibility, patience and resilience.

Prepare for the new routine	Prepare for self-care
<ul style="list-style-type: none">❖ Set a reasonable bedtime❖ Set a morning alarm time that allows for travel time to school❖ Discuss if your child will get lunch from school each day or if there will be something at home❖ Check your student for any COVID-19 symptoms before leaving for school	<ul style="list-style-type: none">→ Set out clothes for school each day including a clean mask→ Get new toothbrushes→ Think about morning bathroom schedule→ Be prepared for your student to be extra tired
Prepare for seeing friends	Prepare Material
<ul style="list-style-type: none">★ Make sure your mask is always on★ Stand six feet apart★ Be prepared to tell friends your name, it is harder to recognize people with a mask on	<ul style="list-style-type: none"><input type="checkbox"/> Charge your Chromebook<input type="checkbox"/> Pack any materials you have been asked to bring to school<input type="checkbox"/> Pack a snack that you can open without assistance<input type="checkbox"/> Pack a water bottle

